



LifeBalance

Health, Happiness, and Savings for Marketplace and Commercial FirstCare Health Plans Members



The LifeBalance Program offers discounts on thousands of activities and purchases! With LifeBalance, you can save at businesses around the corner and across the country.

Access LifeBalance Program discounts online at any time by visiting [myFirstCare Self-Service \(my.FirstCare.com\)](https://myFirstCare.com) and clicking on *Wellness & Community*.

How It Works

- You and your household family members can use LifeBalance discounts at any time! Many discounted ticketed items can also be given to friends and extended family.
- When looking for discounts, you can search for participating vendors by location, by interest, or by a business name.
 - Click “Find Savings” in the website’s top navigation bar to search by interest or location
 - Click on the magnifying glass in the website’s top navigation bar to search by name
- Using LifeBalance is easy, but the process to use the discounts does vary from vendor to vendor. Examples of the different ways to redeem include:
 - Generating a discount voucher and presenting it on your phone or in print when visiting a program vendor
 - Making a purchase or reservation online using a special link or discount code
 - Making a purchase or reservation over the phone using a discount code

LifeBalance is here for you! If you have any questions at all, please contact our Member Services Team at **1.888.754.5433** or **info@LifeBalanceProgram.com!** We’re available from 11 a.m. - 7 p.m. CST, Monday - Friday, excluding major holidays.

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Never Get So Busy Making a Living that You Never Make a Life!

Make your LifeBalance with savings on:



Fitness - Health club memberships, yoga, cycling, running, and more.



Travel - Lodging, car rentals, cruises, vacation packages, and tours.



Attractions - Admission to theme parks, water parks, zoos, and museums.



Spa & Relaxation - Massages, meditation, gardening, and more.



Movie Tickets - Tickets to theaters nationwide.



Performing Arts Tickets - Plays, musicals, family shows, symphonies, and more.



Outdoor Adventures - Outdoor gear, equipment rentals, classes, and excursions.



Sports - Sporting events tickets, sports camps, gear, and classes.



Eating Well - Weight management, meal delivery, supplements, and more.



Ski/Snowboard Lift Tickets - Tickets to over 50 resorts!

And that's just the start. Visit my.FirstCare.com to find discounts on your favorite activities.

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