Coverage Period: 01/01/2022 – 12/31/2022 Coverage for: Member/Family | Plan Type: HMO

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 855-572-7238 or visit us at http://www.firstcare.com/FirstCare/media/First-Care/PDFs/Marketplace/FC 2022 SHIF2M40 MED.pdf. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms, see the Glossary. You can view the Glossary at healthcare.gov/sbc-glossary or call 855-572-7238 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$0 per member / \$0 per family	See the Common Medical Events chart below for your costs for services this <u>plan</u> covers.
Are there services covered before you meet your deductible?	No	This <u>plan</u> does not have a <u>deductible</u>
Are there other deductibles for specific services?	No	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	\$800 per member / \$1,600 per family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the <u>out-of-pocket limit</u> ?	Premiums and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See <u>firstcare.com/en/Find-a-Provider</u> or call 855-572-7238 for a list of <u>network providers</u> .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No	You can see the specialist you choose without a referral.

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	What You Will Pay				
Common Medical Event	Services You May Need	Participating Provider (You will pay the least)	Non-Participating Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
	Primary care visit to treat an injury or illness	Adult: \$0 <u>copayment</u> per visit Pediatric: No charge	Not covered	None	
If you visit a health care provider's office or	Specialist visit	\$10 <u>copayment</u> per visit	Not covered		
clinic	Preventive care/screening/ immunization	No charge	Not covered	You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for.	
If you have a test	<u>Diagnostic test</u> (X-ray, blood work)	\$35 <u>copayment</u> per visit for X-rays, \$25 <u>copayment</u> per visit for Labs	Not covered	None	
	Imaging (CT/PET scans, MRIs)	\$75 <u>copayment</u> per visit	Not covered	Services requiring <u>preauthorization</u> that are not <u>preauthorized</u> will be denied. Refer to <u>firstcare.com</u> or call 855-572-7238.	
If you need drugs to	ACA preventive drugs	No charge	Not covered	Copayments are per 30-day supply.	
treat your illness or condition More information about prescription drug coverage is available at https://www.firstcare.com/en/Individuals-and-Families/Marketplace-	Tier 1: Generic drugs	\$10 copayment per prescription	Not covered	Maintenance drugs are allowed up to a 90-day supply for three (3) copayments if obtained through a Baylor Scott & White Pharmacy or	
	Tier 2: Preferred brand drugs	\$55 <u>copayment</u> per prescription	Not covered	participating pharmacy. Mail Order: Available for a 1- to 90-day supply. Non-maintenance drugs obtained through mail order are limited to a 30-day supply maximum. Some specialty drugs may require preauthorization. 30-day	
	Tier 3: Non-preferred drugs	\$150 <u>copayment</u> per prescription	Not covered		

			u Will Pay		
Common Medical Event	Services You May Need	Participating Provider (You will pay the least)	Non-Participating Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
Plans/2020-Pharmacy- Information	Tier 4: Specialty drugs and oral anticancer medications	\$500 <u>copayment</u> per prescription	Not covered	supply only. Formulary insulin prescriptions have a maximum copayment of \$25 per prescription per 30-day supply.	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	\$200 copayment per visit	Not covered	Services requiring <u>preauthorization</u> that are not <u>preauthorized</u> will be denied. Refer to <u>firstcare.com</u> or call 855-572-7238.	
	Physician/surgeon fees	\$50 <u>copayment</u> per visit	Not covered	insteare.com or can obs-572-7250.	
If you need immediate medical attention	Emergency room care	\$200 <u>copayment</u> per visit	\$200 <u>copayment</u> per visit	Emergency room <u>copayment</u> waived if episode results in <u>hospitalization</u> for the same condition within 24 hours.	
	Emergency medical transportation	\$200 <u>copayment</u> per service	\$200 <u>copayment</u> per service	None	
	Urgent care	\$10 <u>copayment</u> per visit	\$10 <u>copayment</u> per visit		
If you have a hospital	Facility fee (e.g., hospital room)	\$300 <u>copayment</u> per stay	Not covered	Services requiring <u>preauthorization</u> that are not preauthorized will be denied. Refer to	
stay	Physician/surgeon fees	No charge	Not covered	firstcare.com or call 855-572-7238.	
If you need mental health, behavioral health, or substance abuse services	Outpatient services	Adult: \$0 copayment per office visit, \$200 copayment per visit for all other outpatient services Pediatric: No charge, deductible does not apply	Not covered	Services requiring <u>preauthorization</u> that are not <u>preauthorized</u> will be denied. Refer to <u>firstcare.com</u> or call 855-572-7238.	
	Inpatient services	\$300 copayment per stay	Not covered		

		What You Will Pay		
Common Medical Event	Services You May Need	Participating Provider (You will pay the least)	Non-Participating Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you are pregnant	Office visits	\$0 <u>copayment</u> per visit	Not covered	Cost sharing does not apply for preventive care. Depending on the type of services, a copayment, coinsurance, or deductible may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e., ultrasound).
	Childbirth/delivery professional services	No charge	Not covered	Inpatient care for the mother and newborn child in a health care facility is covered for a
	Childbirth/delivery facility services	\$300 <u>copayment</u> per stay	Not covered	minimum of 48 hours following an uncomplicated vaginal delivery and 96 hours following an uncomplicated delivery by caesarean section.
	Home health care	10%	Not covered	Limited to 60 visits per <u>plan</u> year. Services requiring <u>preauthorization</u> that are not <u>preauthorized</u> will be denied. Refer to <u>firstcare.com</u> or call 855-572-7238.
	Rehabilitation services	\$0 copayment per visit	Not covered	Limited to 35 visits for rehabilitation services
If you need help recovering or have other special health needs	Habilitation services	\$0 <u>copayment</u> per visit	Not covered	and 35 visits for habilitation services per plan year. Limit is combined for physical therapy, occupational therapy, speech therapy, and, and chiropractic care. Limits do not apply for therapies for children with developmental delays, autism spectrum disorder, and mental health services. Services requiring preauthorization that are not preauthorized will be denied. Refer to firstcare.com or call 855-572-7238.

	Services You May Need	What You Will Pay			
Common Medical Event		Participating Provider (You will pay the least)	Non-Participating Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
	Skilled nursing care	\$250 <u>copayment</u> per day	Not covered	Limited to 25 days per <u>plan</u> year. Services requiring <u>preauthorization</u> that are not <u>preauthorized</u> will be denied. Refer to <u>firstcare.com</u> or call 855-572-7238.	
Durable medica equipment	Durable medical equipment	10%	Not covered	Services requiring <u>preauthorization</u> that are not <u>preauthorized</u> will be denied. Refer to	
	Hospice services	10%	Not covered	<u>firstcare.com</u> or call 855-572-7238.	
If your child needs dental or eye care	Children's eye exam	\$10 copayment per visit	Not covered	Limited to one eye exam per plan year.	
	Children's glasses	\$10 copayment per pair	Not covered	Limited to one pair of glasses per <u>plan</u> year.	
	Children's dental check-up	Not covered	Not covered	None	

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Abortion (except when the life of the mother is endangered)
- Acupuncture
- Bariatric surgery

- Cosmetic surgery
- Dental care (Adult and Child)
- Infertility treatment
- Long-term care

- Non-emergency care when traveling outside the U.S.
- Routine eye care (Adult)
- Routine foot care
- Weight loss programs

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Chiropractic care (Included in <u>Rehabilitation</u> <u>Services</u> and <u>Habilitation Services</u>)
- Hearing aids (Limited to one device per ear every 3 years)
- Private duty nursing when <u>medically necessary</u> and <u>preauthorized</u> (Limitations apply when used under Home Health Care)

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: FirstCare Health Plans at 855-572-7238 or firstcare.com; Texas Department of Insurance at 800-578-4677 or tdi.texas.gov; Department of Labor's Employee Benefits Security Administration at 866-444-EBSA (3272) or dol.gov/agencies/ebsa/about-ebsa/ask-a-question/ask-ebsa. Other coverage options may be available to you, too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 800-318- 2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: FirstCare Health Plans at 855-572-7238 or <u>firstcare.com</u>; Texas Department of Insurance at 1-800-578-4677 or <u>tdi.texas.gov.</u>

Does this <u>plan</u> provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? Not Applicable

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 855-572-7238.

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost-sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u> \$0
■ <u>Specialist copayment</u> \$10 <u>copayment</u> per visit

■ Hospital (facility) <u>coinsurance</u> 0%
■ Other coinsurance 0%

This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

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Total Example Cost	\$12,700		
In this example, Peg would pay:			
Cost Sharing			
<u>Deductibles</u>	\$0		
Copayments	\$600		
Coinsurance	\$0		
What isn't covered			
Limits or exclusions	\$60		
The total Peg would pay is	\$660		

Managing Joe's Type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The <u>plan's</u> overall <u>deductible</u> \$0
■ <u>Specialist copayment</u> \$10 <u>copayment</u> per visit

■ Hospital (facility) <u>coinsurance</u> 0%
■ Other coinsurance 0%

This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (including disease education)

Diagnostic tests (blood work)

Prescription drugs

<u>Durable medical equipment</u> (glucose meter)

Total Example Cost	\$5,600		
In this example, Joe would pay:			
Cost Sharing			
<u>Deductibles</u>	\$0		
Copayments	\$400		
Coinsurance	\$80		
What isn't covered			
Limits or exclusions	\$20		
The total Joe would pay is	\$500		

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The <u>plan's</u> overall <u>deductible</u>

■ <u>Specialist copayment</u> \$10 <u>copayment</u> per visit

■ Hospital (facility) <u>coinsurance</u> 0%

■ Other <u>coinsurance</u> 0%

This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (X-ray)

<u>Durable medical equipment</u> (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$2,800
In this example, Mia would pay:	
Cost Sharing	
<u>Deductibles</u>	\$0
Copayments	\$700
Coinsurance	\$20
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$720

The plan would be responsible for the other costs of these EXAMPLE covered services.