

MyBSWHealth Virtual Urgent Care

When you or someone in your family isn't feeling well, you want care fast.

With MyBSWHealth, you can get care 24 hours a day, seven days a week, 365 days a year. All you need is Wi-Fi or a cell signal and a phone, computer or tablet.

Virtual care is convenient. You can:

- See a provider without having to take time off work
- Avoid childcare and elder care issues
- Prevent the spread of illness while sitting in a waiting room
- Save travel time and expense

Please note that you will be asked to sign in to your MyBSWHealth account or register for a new account to start your visit.

To receive care, you must be in Texas and at least two years old.

eVisits

MyBSWHealth eVisits use a short survey to gather information about your symptoms. It takes about 5 minutes. A provider will review your answers and respond with a treatment plan. You should receive a response in about an hour. If you need medication, you can choose the pharmacy you want to use.

Video Visits

You can also get care by video. Appointments are available 24/7. After you talk to the provider about your symptoms, you will get a treatment plan. If you need a prescription, it will be sent to the pharmacy of your choice. You can't get referrals, lab tests or X-rays through a video visit.

Sign up today at [MyBSWHealth.com](https://www.mybswhealth.com). See step-by-step instructions next page.



Baylor Scott & White
Health Plan

How to sign up for MyBSWHealth Virtual Care

Step 1

Go to MyBSWHealth.com or download the MyBSWHealth App.

- Text **BETTER** to **88408**, OR
- Download **MyBSWHealth** in the [App Store](#) or [Google Play](#)



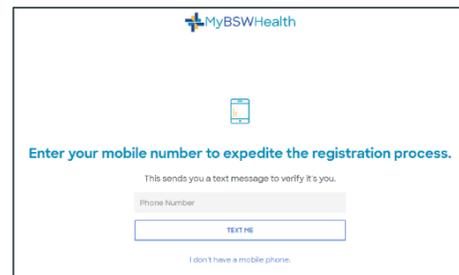
Step 2

Look under the **SIGN IN** box for “New to MyBSWHealth?” and click **CREATE ACCOUNT**. You will see the screen to the right. Just click **NO**.



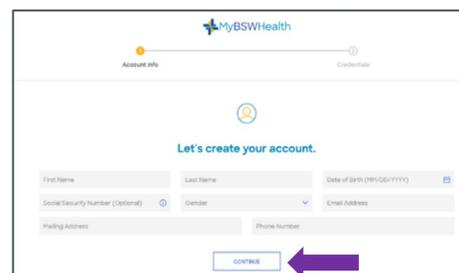
Step 3

Enter your mobile number and follow the prompts. If you don't have a mobile number, click **I DON'T HAVE A MOBILE PHONE**.



Step 4

Enter the information. Then click **CONTINUE** to move through the screens and activate your MyBSWHealth profile.



Step 5

You're all set! When you need care, log in to MyBSWHealth, click on “Get care” and choose “24/7 Virtual Care” to start an eVisit or schedule a Video Visit.