

# MOTIVATIONAL INTERVIEWING FOR MEDICATION COMPLIANCE

Please join us for a Quality Improvement webinar

**Topic:** Motivational Interviewing that Encourages Medication Compliance

**Date:** Thursday, May 27, 2021

**Time:** 12:00 pm-12:30 pm

Motivational interviewing is a collaborative, patient-centered communications skill set that can increase behavior change by stimulating a patient's own internal motivation for change. Providers using motivational interviewing can explore factors associated with medication nonadherence, assess patient ambivalence and/or resistance, and educate a patient to promote medication-adherent behaviors.

**Kael A Kuster, MD, Scott and White Health Plan's Behavior Health Medical Director,** will host a presentation on motivational interviewing and how it can be used to encourage patients to take their medications as prescribed.

Click [HERE](#) to register or visit [tinyurl.com/RxAdhere](https://tinyurl.com/RxAdhere)

For more information on Quality Improvement webinars, please contact:

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