

# 2023 Preventive medications and your plan

Effective July 1, 2023



## Managing your health with preventive medications

Your pharmacy benefit plan includes special coverage for preventive medications.

The drugs on your plan's preventive medications list do not have a deductible. This means you'll pay your copayment/coinsurance or nothing at all, depending on your plan.

To check the cost of any medication, call the number on your member ID card, visit your plan's website on your member ID card, or log on to the Optum Rx app.

## Potential savings with generic medications

To get the most from your benefits, ask your doctor if a generic medication is right for you. Generics normally cost less than brand medications, and the Food and Drug Administration (FDA) requires them to be just as safe and effective. Using generics may be required based on your plan benefit.

## A list of covered preventive medications begins on the next page.

Medications are listed by therapeutic category. Where differences are noted between this list and your benefit plan documents, the benefit plan documents will rule.

For questions on injectable preventive medications administered by your doctor or healthcare provider, please call the number on your ID card. This list should be used as a reference and may not include all medications.

# 2023 Select HDHP\* preventive brand and generics medication list

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\*HDHP = High-Deductible Health Plan

**Drug name****Anti-addiction / substance abuse treatment agents**

bupropion hcl er (smoking det)  
habitrol  
mini nicotine  
NICODERM CQ  
NICORETTE  
NICORETTE MINI  
NICORETTE STARTER KIT  
nicotine gum  
nicotine mini  
nicotine mouth/throat gum 2 mg, 4 mg  
nicotine mouth/throat lozenge 2 mg, 4 mg  
nicotine polacrilex mini  
nicotine polacrilex mouth/throat  
nicotine step 1  
nicotine step 2  
nicotine step 3  
nicotine transdermal kit 21-14-7 mg/24hr  
nicotine transdermal patch 24 hour 14 mg/24hr, 21 mg/24hr, 7 mg/24hr  
nicotine transdermal system  
NICOTROL  
NICOTROL NS  
px stop smoking aid  
quit2  
quit4  
THRIVE  
varenicline tartrate

**Anticoagulants**

dabigatran etexilate mesylate  
ELIQUIS  
ELIQUIS DVT/PE STARTER PACK  
enoxaparin sodium  
fondaparinux sodium  
heparin sodium (porcine)  
heparin sodium (porcine) pf  
jantoven  
PRADAXA  
warfarin sodium oral  
XARELTO  
XARELTO STARTER PACK

**Antidepressants**

bupropion hcl er (sr)  
bupropion hcl er (xl) oral tablet extended release 24 hour 150 mg, 300 mg  
bupropion hcl oral  
citalopram hydrobromide oral solution  
citalopram hydrobromide oral tablet  
desvenlafaxine succinate er  
duloxetine hcl oral

**Drug name**

escitalopram oxalate oral  
FETZIMA  
FETZIMA TITRATION  
fluoxetine hcl oral capsule  
fluoxetine hcl oral capsule delayed release  
fluoxetine hcl oral solution  
fluoxetine hcl oral tablet  
fluvoxamine maleate  
fluvoxamine maleate er  
mirtazapine oral  
paroxetine hcl  
paroxetine hcl er  
sertraline hcl oral concentrate  
sertraline hcl oral tablet  
venlafaxine hcl  
venlafaxine hcl er

**Antiplatelets**

aspirin-dipyridamole er  
BRILINTA  
cilostazol  
clopidogrel bisulfate oral  
dipyridamole oral  
prasugrel hcl

**Antipsychotics - drugs for mood disorders**

ABLIFY MAINTENA  
aripiprazole  
asenapine maleate  
chlorpromazine hcl oral  
clozapine  
FANAPT  
FANAPT TITRATION PACK  
fluphenazine hcl oral  
haloperidol lactate oral  
haloperidol oral  
INVEGA SUSTENNA  
INVEGA TRINZA  
LATUDA  
loxapine succinate  
lurasidone  
olanzapine intramuscular  
olanzapine oral  
paliperidone er  
perphenazine  
prochlorperazine  
quetiapine fumarate  
quetiapine fumarate er  
REXULTI  
RISPERDAL CONSTA  
risperidone  
thioridazine hcl oral

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**Drug name**

thiothixene
trifluoperazine hcl
ziprasidone hcl
<b>Antivirals</b>
abacavir sulfate
abacavir sulfate-lamivudine
atazanavir sulfate
BIKTARVY
CIMDUO
COMPLERA
CRIXIVAN
DOVATO
EDURANT
efavirenz
efavirenz-emtricitab-tenofovir
efavirenz-lamivudine-tenofovir
emtricitabine
emtricitabine-tenofovir df
EMTRIVA ORAL SOLUTION
etravirine
EVOTAZ
fosamprenavir calcium
FUZEON
INTELENCE ORAL TABLET 25 MG
INVIRASE
ISENTRESS
ISENTRESS HD
JULUCA
lamivudine oral solution
lamivudine oral tablet 150 mg, 300 mg
lamivudine-zidovudine
lopinavir-ritonavir
maraviroc
nevirapine
nevirapine er
NORVIR ORAL PACKET
NORVIR ORAL SOLUTION
ODEFSEY
PIFELTRO
PREZCOBIX
PREZISTA
REYATAZ ORAL PACKET
ritonavir
RUKOBIA
SELZENTRY ORAL SOLUTION
SELZENTRY ORAL TABLET 25 MG, 75 MG
SYMTUZA
tenofovir disoproxil fumarate
TIVICAY
TIVICAY PD

**Drug name**

TRIUMEQ
VIREAD ORAL POWDER
VIREAD ORAL TABLET 150 MG, 200 MG, 250 MG
zidovudine
<b>Cardiovascular agents - drugs for heart and circulation conditions</b>
acebutolol hcl oral
amiloride hcl oral
amiloride-hydrochlorothiazide
amlodipine besylate oral
amlodipine besylate-benazepril hcl
amlodipine besylate-valsartan
amlodipine-olmesartan
amlodipine-valsartan-hctz
atenolol oral
atenolol-chlorthalidone
atorvastatin calcium oral
benazepril hcl oral
betaxolol hcl oral
bisoprolol fumarate oral
bisoprolol-hydrochlorothiazide
bumetanide oral
cartia xt
carvedilol
chlorthalidone
cholestyramine light
cholestyramine oral
clonidine
clonidine hcl oral
colesevelam hcl
colestipol hcl
digitek
digoxin oral
diltiazem hcl er
diltiazem hcl oral
dilt-xr
doxazosin mesylate oral
enalapril maleate oral
enalapril-hydrochlorothiazide
eplerenone
ethacrynic acid
ezetimibe
ezetimibe-simvastatin
felodipine er
fenofibrate micronized oral capsule 130 mg, 134 mg, 200 mg, 43 mg, 67 mg
fenofibrate oral
fenofibric acid
fluvastatin sodium
fosinopril sodium

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**Drug name**

furosemide oral
gemfibrozil oral
guanfacine hcl
hydralazine hcl oral
hydrochlorothiazide oral
indapamide
irbesartan
irbesartan-hydrochlorothiazide
isosorbide dinitrate
isosorbide mononitrate
isosorbide mononitrate er
labetalol hcl oral
lisinopril oral
lisinopril-hydrochlorothiazide
losartan potassium oral
losartan potassium-hctz
lovastatin oral
metolazone
metoprolol succinate er
metoprolol tartrate oral
metyrosine
minoxidil oral
nebivolol hcl
NEXLETOL
NEXLIZET
niacin er (antihyperlipidemic)
nifedipine er
nifedipine er osmotic release
nimodipine oral
nitroglycerin sublingual
nitroglycerin transdermal
nitroglycerin translingual
olmesartan medoxomil oral
olmesartan medoxomil-hctz
olmesartan-amlodipine-hctz
omega-3-acid ethyl esters
perindopril erbumine
phenoxybenzamine hcl oral
pindolol
pravastatin sodium
prazosin hcl oral
prevalite
propranolol hcl er
propranolol hcl oral
quinapril hcl
quinapril-hydrochlorothiazide
ramipril
ranolazine er
REPATHA
rosuvastatin calcium

**Drug name**

simvastatin oral
sorine
sotalol hcl (af)
sotalol hcl oral
spironolactone oral
spironolactone-hctz
taztia xt
telmisartan
torsemide
trandolapril
triamterene-hctz
valsartan oral tablet
valsartan-hydrochlorothiazide
verapamil hcl er
verapamil hcl oral
<b>Diabetes - antidiabetic agents</b>
acarbose oral
BYDUREON BCISE AUTOINJECTOR
BYETTA 10 MCG PEN
BYETTA 5 MCG PEN
FARXIGA
glimepiride
glipizide er
glipizide ir
glipizide xl
glipizide-metformin hcl
glyburide micronized
glyburide oral
glyburide-metformin
GLYXAMBI
JANUMET
JANUMET XR
JANUVIA
JARDIANCE
JENTADUETO
JENTADUETO XR
metformin hcl er
metformin hcl ir
nateglinide
OZEMPIC
OZEMPIC (2 MG/DOSE)
pioglitazone hcl
repaglinide
RYBELSUS
SYNJARDY
SYNJARDY XR
TRADJENTA
TRULICITY
VICTOZA
XIGDUO XR

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**Drug name**

XULTOPHY 100/3.6

**Diabetes - glucose monitoring**

CONTOUR MONITOR

CONTOUR MONITOR

CONTOUR NEXT EZ KIT W/DEVICE

CONTOUR NEXT GEN MONITOR

CONTOUR NEXT LINK KIT W/DEVICE

CONTOUR NEXT MONITOR KIT W/DEVICE

CONTOUR NEXT ONE KIT

CONTOUR NEXT TEST STRIPS

CONTOUR TEST STRIPS

LANCETS

ONETOUCH ULTRA TEST STRIPS

ONETOUCH ULTRA 2 KIT W/DEVICE

ONETOUCH ULTRA MINI KIT W/DEVICE

ONETOUCH VERIO KIT W/DEVICE

ONETOUCH VERIO FLEX SYSTEM

ONETOUCH VERIO TEST STRIPS

ONETOUCH VERIO IQ SYSTEM

ONETOUCH VERIO REFLECT KIT W/DEVICE

**Diabetes - insulins**

HUMALOG

HUMALOG JUNIOR KWIKPEN

HUMALOG KWIKPEN

HUMALOG MIX 50/50

HUMALOG MIX 50/50 KWIKPEN

HUMALOG MIX 75/25

HUMALOG MIX 75/25 KWIKPEN

HUMULIN 70/30 KWIKPEN

HUMULIN 70/30 VIAL

HUMULIN N KWIKPEN

HUMULIN N VIAL

HUMULIN R U-500 KWIKPEN

HUMULIN R U-500 VIAL (CONCENTRATED)

HUMULIN R VIAL

LANTUS SOLOSTAR

LANTUS U-100 VIAL

LEVEMIR U-100 FLEXTOUCH

LEVEMIR U-100 VIAL

TOUJEO MAX SOLOSTAR

TOUJEO SOLOSTAR

TRESIBA

TRESIBA FLEXTOUCH

**Electrolytes / minerals / metals / vitamins**

adc/f (0.5mg/ml)

multivitamin/fluoride tablet chewable 0.25 mg oral (rx)

multivitamin/fluoride tablet chewable 0.5 mg oral

multivitamin/fluoride tablet chewable 1 mg oral

multi-vitamin/fluoride/iron

**Drug name**

pnv-dha

pnv-dha+docusate

pnv-omega

pnv-select

prenatal 19 oral tablet 29-1 mg

prenatal 19 oral tablet chewable

prenatal oral tablet 27-1 mg

prenatal plus

prenatal plus vitamin/mineral

prenatal vitamin plus low iron

tri-vite/fluoride

virt-pn dha

vitamins acd-fluoride

**Gastrointestinal agents - drugs for acid reflux and ulcer**

cimetidine hcl

cimetidine oral

esomeprazole magnesium oral capsule delayed release

famotidine oral suspension reconstituted

famotidine oral tablet 40 mg

famotidine tablet 20 mg oral (rx)

lansoprazole oral

misoprostol oral

nizatidine

omeprazole oral capsule delayed release

pantoprazole sodium oral

rabeprazole sodium oral tablet delayed release

sucralfate oral

**Gastrointestinal agents - drugs for bowel, intestine and stomach conditions**

amoxicill-clarithro-lansopraz

CLENPIQ

gavilyte-c

gavilyte-g

OMECLAMOX-PAK

peg 3350-kcl-na bicarb-nacl

peg-3350/electrolytes

peg-3350/electrolytes/ascorbic

peg-kcl-nacl-nasulf-na asc-c

Plenvu

PYLERA

SUPREP BOWEL PREP KIT

**Hormonal agents - selective estrogen receptor modifying agents**

OSPHENA

raloxifene hcl

**Hormonal agents - sex hormones and birth control**

afirmelle

altavera

alyacen 1/35

alyacen 7/7/7

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**Drug name**

amabelz
amethia
amethyst
ANNOVERA
apri
aranelle
ashlyna
aubra
aubra eq
aurovela 1.5/30
aurovela 1/20
aurovela 24 fe
aurovela fe 1.5/30
aurovela fe 1/20
aviane
ayuna
azurette
balziva
BIJUVA
blisovi 24 fe
blisovi fe 1.5/30
blisovi fe 1/20
briellyn
camila
camrese
camrese lo
charlotte 24 fe
chateal
chateal eq
COMBIPATCH
cryselle-28
cyred
cyred eq
dasetta 1/35
dasetta 7/7/7
daysee
deblitane
delyla
DEPO-SUBQ PROVERA 104
desogestrel-ethinyl estradiol
DIVIGEL
dolishale
dotti
drospiren-eth estrad-levomefrol
drospirenone-ethinyl estradiol
elinest
ELLA
eluryng
emoquette
enpresse-28

**Drug name**

enskyce
errin
estarylla
estradiol oral
estradiol transdermal
estradiol-norethindrone acet
ethynodiol diac-eth estradiol
etonogestrel-ethinyl estradiol
falmina
fayosim
femynor
finzala
fyavolv
gemmily
hailey 1.5/30
hailey 24 fe
hailey fe 1.5/30
hailey fe 1/20
heather
iclevia
incassia
introvale
isibloom
jaimiess
jasmiel
jencycla
jinteli
jolessa
juleber
junel 1.5/30
junel 1/20
junel fe
kaitlib fe
kalliga
kariva
kelnor 1/35
kelnor 1/50
kurvelo
KYLEENA
larin 1.5/30
larin 1/20
larin 24 fe
larin fe 1.5/30
larin fe 1/20
layolis fe
leena
lessina
levonest
levonorg-eth estrad triphasic
levonorgest-eth est & eth est

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**Drug name**

levonorgest-eth estrad 91-day
levonorgestrel-ethinyl estrad
levora 0.15/30 (28)
LILETTA (52 MG)
lo-zumandimine
lojaimiess
loryna
low-ogestrel
luteru
lyleq
lyllana
lyza
marlissa
medroxyprogesterone acetate intramuscular
MENEST
merzee
microgestin 1.5/30
microgestin 1/20
microgestin 24 fe
microgestin fe 1.5/30
microgestin fe 1/20
mili
mimvey
MIRENA (52 MG)
mono-linyah
NATAZIA
necon 0.5/35 (28)
NEXPLANON
nikki
nora-be
norethin ace-eth estrad-fe
norethin-eth estradiol-fe
norethindron-ethinyl estrad-fe
norethindrone acet-ethinyl est
norethindrone oral
norethindrone-eth estradiol
norgestimate-eth estradiol
norgestimate-ethinyl estradiol triphasic
norlyroc
nortrel 0.5/35 (28)
nortrel 1/35 (21)
nortrel 1/35 (28)
nortrel 7/7/7
nylia 1/35
nylia 7/7/7
nymyo
ocella
PARAGARD INTRAUTERINE COPPER
philiith
pimtrea

**Drug name**

pirmella 1/35
pirmella 7/7/7
portia-28
PREMARIN ORAL
PREMPHASE
PREMPRO
reclipsen
rivelsa
setlakin
sharobel
simliya
simpesse
SKYLA
sprintec 28
sronyx
syeda
tarina 24 fe
tarina fe 1/20
tarina fe 1/20 eq
taysofy
tilia fe
tri femynor
tri-estarylla
tri-legest fe
tri-linyah
tri-lo-estarylla
tri-lo-marzia
tri-lo-mili
tri-lo-sprintec
tri-mili
tri-nymyo
tri-sprintec
trivora (28)
tri-vylibra
tri-vylibra lo
tyblume
tydemy
velivet
vestura
vienva
viorele
volnea
vyfemla
vylibra
wera
wymzya fe
xulane
zafemy
zovia 1/35 (28)
zumandimine

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**Drug name****Immunological agents - drugs for immune system stimulation or suppression**

azathioprine oral  
 cyclosporine modified  
 cyclosporine oral  
 gengraf  
 mycophenolate mofetil oral  
 mycophenolate sodium  
 SANDIMMUNE ORAL SOLUTION  
 sirolimus oral  
 tacrolimus oral

**Metabolic bone disease agents - drugs for osteoporosis**

alendronate sodium oral solution  
 alendronate sodium oral tablet 10 mg, 35 mg, 5 mg, 70 mg  
 calcitonin (salmon) nasal  
 ibandronate sodium oral  
 risedronate sodium oral tablet 150 mg, 30 mg, 35 mg, 5 mg  
 risedronate sodium oral tablet delayed release

**Respiratory tract / pulmonary agents - drugs for asthma and other lung conditions**

ADVAIR HFA  
 albuterol sulfate hfa aerosol solution 108 (90 base) mcg/act inhalation  
 albuterol sulfate inhalation  
 albuterol sulfate oral  
 ANORO ELLIPTA  
 arformoterol tartrate  
 ARNUITY ELLIPTA  
 ATROVENT HFA  
 BREO ELLIPTA  
 BREZTRI AEROSPHERE  
 budesonide inhalation  
 COMBIVENT RESPIMAT  
 DALIRESP  
 FLOVENT DISKUS  
 FLOVENT HFA  
 fluticasone-salmeterol inhalation aerosol powder breath activated 100-50 mcg/act, 250-50 mcg/act, 500-50 mcg/act  
 FLUTICASONE-SALMETEROL INHALATION AEROSOL POWDER BREATH ACTIVATED 113-14 MCG/ACT, 232-14 MCG/ACT, 55-14 MCG/ACT  
 formoterol fumarate inhalation  
 ipratropium bromide inhalation  
 ipratropium-albuterol  
 levalbuterol hcl inhalation  
 montelukast sodium oral  
 PULMICORT FLEXHALER  
 QVAR REDIHALER  
 roflumilast  
 SEREVENT DISKUS  
 SPIRIVA HANDIHALER

**Drug name**

SPIRIVA RESPIMAT  
 STIOLTO RESPIMAT  
 STRIVERDI RESPIMAT  
 SYMBICORT  
 theophylline er  
 TRELEGY ELLIPTA  
 wixela inhub  
 zafirlukast  
 zileuton er

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Refer to benefit plan documents to make sure listed medication is included in your benefit. This list should be used as a reference and may not include all medications. Brand or generic availability may not be current because of market changes. Using generics may be required based on your plan benefit.

## Quality drives our decisions

This list is maintained using expert opinions from the Optum Rx Clinical Services and Regulatory Affairs departments and by independent insights and reviews from the Pharmacy & Therapeutics Committee, external clinical consultants, and other clinical resources.

Your health is important. Taking preventive medications as prescribed by your doctor or healthcare provider can help you avoid serious illness and high healthcare costs.

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**Preventive Select**